

11/17-18/18

SERIES: THANKSGIVING THERAPY
Part 2: Developing the Practice of a Gratitude Attitude

Psalm 95:2 “Let us come before him with thanksgiving and extol him with music and song.”

Psalm 100:4 “Enter his gates with thanksgiving and his courts with praise.”

Colossians 2:6-7 “Continue to live in him as you were taught...overflowing with thanksgiving.”

Philippians 4:6 “In everything by prayer and petition, with thanksgiving, present your requests to God.”

1 Thessalonians 5:18 “Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

Step #1: Be a Good Finder!

Romans 8:28 “And we know that in all things, God works for the good of those who love him, who have been called according to his purpose.”

Step #2: BE A GREAT BINDER!

1 Corinthians 10:10 “And do not grumble, as some of them did—and were killed by the destroying angel.”

James 5:9 “Don’t grumble against one another.” Philippians 2:14, says, “Do everything without grumbling or arguing.”

2 Corinthians 10:5 “We take captive every thought to make it obedient to Christ.”

STEP #3: BE A BIT KINDER!

Proverbs 11:17, “A kind man benefits himself.”

“Kindness has no limits and no restrictions.”

Proverbs 14:21 “Blessed is he who is kind to the needy.”

Proverbs 14:31 “Whoever is kind to the needy honors God.”

1 Corinthians 13:4, “Love is patient; love is kind.”

Galatians 5:22 “The fruit of the Spirit is...kindness.”

Ephesians 4:32, “Be kind and compassionate to one another...”

Step 4: Give Yourself a Reminder!

Gratitude is always a choice!

Habakkuk 3:17, “Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior.”