

RISE UP Week 2: Face your Fears

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If the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

Romans 8:11

"Choose a man and have him come down to me. If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us." Then the Philistine said, "This day, I defy the ranks of Israel! Give me a man and let us fight each other."

1 Samuel 17:8-10

On hearing the Philistine's words, Saul and all the Israelites were dismayed and terrified.

1 Samuel 17:11

As he was talking with them, Goliath, the Philistine champion from Gath, stepped out from his lines and shouted his usual defiance, and David heard it.

1 Samuel 17:23

ACTION #1: REALIZE THE POWER OF PERSPECTIVE

Now the Israelites had been saying, "Do you see how this man keeps coming out? He comes out to defy Israel."

1 Samuel 17:25

Who is this uncircumcised Philistine that he should defy the armies of the living God?

1 Samuel 17:26

ACTION #2: LISTEN TO THE RIGHT VOICE

When Eliab, David's oldest brother, heard him speaking with the men, he burned with anger at him and asked, "Why have you come down here? And with whom did you leave those few sheep in the desert? I know how conceited you are and how wicked your heart is; you came down only to watch the battle."

1 Samuel 17:28

David said to Saul, "Let no one lose heart on account of this Philistine; your servant will go and fight him." Saul replied, "You are not able to go out against this Philistine and fight him; you are only a boy, and he has been a fighting man from his youth."

1 Samuel 17:32:33

ACTION #3: REMEMBER WHAT GOD HAS DONE

The Lord who delivered me from the paw of the lion and paw of the bear will deliver me from the hand of this Philistine.

1 Samuel 17:37

ACTION #4: STEP OUT IN FAITH

Then he took his staff in his hand, chose five smooth stones from the stream, put them in the pouch of his shepherd's bag and, with his sling in hand, approached the Philistine.

1 Samuel 17:39-40