



How to live through a bad day



WELCOME

FORGIVE THOSE WHO HAVE HURT YOU

*“Father, forgive them, for they do not know
what they are doing.”*

Luke 23:34



3 Reasons Why I Need to Forgive

Reason #1: Because God Has Forgiven You

... Forgive as the Lord forgave you.

Colossians 3:13



3 Reasons Why I Need to Forgive

Reason #2:

**Because You'll Need Forgiveness
in the Future**



*“Father, forgive them, for they do not know
what they are doing.”*

Luke 23:34



*“And when you stand praying,
if you hold anything against anyone,
forgive them, so that your Father in heaven
may forgive you your sins.”*

Mark 11:25



3 Reasons Why I Need to Forgive

Reason #3: Because Resentment Only Makes Things Worse



*... You wicked servant. I canceled all that debt
of yours because you begged me to.
Shouldn't you have had mercy on your fellow
servant just as I had on you?
In anger his master handed him over
to the jailers to be tortured, until he should
pay back all he owed.*

Matthew 18:32-35



*“This is how my heavenly Father
will treat each of you unless
you forgive a brother or sister
from your heart.”*



Matthew 18:32-35

Steps to Forgiving From the Heart

Step #1:

Ask God for the Grace to Forgive



Steps to Forgiving From the Heart

Step #2: Choose to Forgive



Steps to Forgiving From the Heart

Step #3:

Entrust God with the Consequences of the Other Person's Sin



Steps to Forgiving From the Heart

Step #4: Renounce All Negative Judgments

Do not judge, or you too will be judged.

Matthew 7:1





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OFFER HOPE TO THOSE WHO NEED IT